

Something you're carrying away from this Symposium that will ripple out in your practice...

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Learn more about what's happening in different parts of my own organization

More clinical resources to pass along to our team

To reach out when you have questions. Everyone wants to help.

Will be relooking at our waitlist/intake process and priority rating scale

Focused goal planning with families

practical recommendations that I will apply to my future practice/caseload

Connections made with others.

know evidence based treatment in Cp treatment

Something you're carrying away from this Symposium that will ripple out in your practice...

A challenge to continue questioning why I am doing what I do and is it current! Very inspired listening to the experts in our field

I loved learning about the F words and will bring that philosophy with me in practice

evidence related to pre-printing programs

that virtual symposiums can be a very effective way to share information and connect - great job with all of the different features!

Renewed enthusiasm for the community and connecting with therapists from afar. Nice to put faces to names, excited to connect further after!

Reviewing of our decision tree for prioritization

The importance of staying up to date with evidence based strategies/interventions.

The importance of connection

relabel terminology and additional ways to look at gait

Something you're carrying away from this Symposium that will ripple out in your practice...

There's a huge appetite to make cultural safety and trauma-informed practice changes

lots of information to enhance my practice

I will be thinking very carefully about suggestions I make for kids having difficulty with printing.

Basic Coaching Skills and the idea of coaching as a focus of service delivery

Slowing down in virtual sessions for parents to lead the pace

yes, continue with evidence practice.!

Exploring whether I can play a role on the local AHP eligibility team.

new outlook for children with SMA

new context and contacts

Something you're carrying away from this Symposium that will ripple out in your practice...

evidence related to weighted blankets

I need to keep helping educate pediatricians and not necessarily look to them as the know it alls. Yikes

Lots of resources!

The importance of regularly reviewing the research! It's easy to get complacent and just continue practicing the same way.

connecting with the gait team at childrens with video prior to referral

Better strategies for waitlist management and ways to use the Fwords in day to day practice.

gait assessment and referral steps, hip surveillance program in CP kiddos - make sure rural referrals have happened

Seeing all of the research that has been put into Cerebral Palsy was fantastic to hear about.

Great/easy to network when people's names are attached to their faces - helpful putting voices to programs.

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The need to develop visual gait analysis further and connect with Motion lab people for inspiration !.

So many takeaways! From DCD advocacy, CP (greenlight) interventions, and Hypermobility assessment and intervention. Thank you presenters and organizers!

Accessing EB resources for a WIDE range of topics that I need to consider in my practice. Thank you!!

Giving time for reflection and breath on zoom calls.

other considerations when looking at waitlists

info and resources/people on the SMA topicwaitlist management talk was so helpfulconnecting with other paedts therapist was AMAZING for my heart, and always inspiring for my practice. Thank you everyone who worked to make this symposium happen.

Words I heard a lot over multiple presentation: COACHING, literacy, Trauma-informed

Refresher on gait assessment skills - thank you!

very interesting approach to pre reprinting development - new approaches

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Consider designating a cultural safety staff member/champion or committee to keep the conversation going on how to be a culturally safe centre. Consider how to incorporate F words into practice.

Generally, inspiration from the amazing network of therapists in BC. Importance of advocating to my workplace to support time for training on cultural safety and humility at the organizational level.

using "traffic lights" strategy for coaching

Look for those literature reviews
Challenge "old" beliefs
Learn more about Trauma Informed Practice

OTs have an important role in hypermobility

That it is possible to have a good symposium over Zoom!

Communicating the evidence behind interventions.

Networking and connecting with colleagues is a great way to learn and share resources!
So many possibilities with virtual connections!

really evaluating and challenging the status quo practice. i seem to have made more headway in cultural safety and TIP than moving away from the FUN in multisensory printing programs...

Something you're carrying away from this Symposium that will ripple out in your practice...

Amazing work being done by therapists across the province is inspiring; more collaboration is needed and I'll seek to do this!

CS&TIP resources to check out and webinars to take. Look at adapting the PT decision tool for our organization. Look up early diagnosis resources for CP. Signed up for JAMA paediatrics. Iona Novak's article!

Pulling in the traffic light system (Dr Novak) after discussing goal setting with families. Thinking more about how I can support students with hypermobility- in particular what is a good rest break posture etc.

will need to update our OT fine motor workshop for parents and caregivers re adding a cognitive approach, less focus on vertical surface etc

renewed energy to seek clinical resources and updated info on trials and information available out there from peers near and far! We have so many smart OTs and PTs in BC!

The opportunities and amazing work the Champions for cultural safety and trauma-informed practice. This work must continue - so appreciative of those who commit themselves personally and professionally to reconciliation

There are a lot of caring, capable, professional pediatric therapists in B.C.

As practitioners it can be hard to hear that interventions we have been doing are not the best, or even harmful, according to the literature. It's hard work to appraise the literature and there are still gaps, but it's a good shift to evidence-based

It's so valuable to attend these symposia to hear what others are doing and to share what we are doing to make connections, and to build on to what's already been done, rather than recreating the wheel.

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Virtual/telehealth has allowed for more collaboration, in many ways - with BCCH/SHCC programs/clinics, outreach, therapy, community programs - a pandemic positive.

new evidence regarding pre-printing; equipment ideas/resources; new learning on joint hypermobility; new evidence in CP.

The use of Dr. Novak's updated traffic lights to guide my choice of interventions when working with clients with CP

There are other therapists that are interested in and/or struggling with the same stuff that I am. It is an important reminder when you're sole charge.

Lots! The valuable resource of the child development and rehab website. Discussing dcd and adhd with other OT/PT and the big gap in knowledge amongst clinicians. Cognitive approach to handwriting is the way to go. OT's can assess hypermobility

I will be sharing the information I learned with my colleagues. I'm particularly amazed about the changes in treatment and outcomes for kids with SMA, so this will inform my practice with these clients!

Inspired to see how we can improve the consistency of delivery of care in aspects I hadn't considered...

Waitlist management ideas

collegiality - great Community of Practice in BC!!

Something you're carrying away from this Symposium that will ripple out in your practice...

the connection that can be made possible with a team of great organizers

The ability to do early diagnosis for CP and how the rate is going down!

Enjoyed meeting other professionals and discussing these issues. Enjoyed 'picking Brendan's brain' regarding the At-Home Program as well as hearing the results of the many clinical trials and surveys that have been happening.

we have all changed out approaches to treatment during covid and great to see lots of new approaches to development with evidence based results

My wait list feels static as i'm A sole pratitioner but there might be some things I can do to help move the top heavy end (older kids) through. Gait analysis I can do more

Attending gait lab rounds virtually!

Journal club to further discuss Dr. Novak's paper with our own case studies as she did in her presentation

There are many new resources in the past 3 years that I did not know about

All the information about pre-printing skills and Hypermobility Syndrome Disorder. Great to hear updates. As an older therapist, philosophies and frame of practice has changed over the year and it is important to stay up to date with the research.

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Iona's research - a reminder to look up / use the traffic lights when parents ask about different therapies and to choose what works for kids with CP

Write that MLA!

need to establish early Dx of CP

Ways of prioritizing waitlisted clients

Love the format (small groups discussions, relaxing music to provide mental breaks, small places to meet with others for private chats) and am taking it away for our facility to explore for all staff meetings

Better knowledge of the process for At Home and CYSN

I will feel more confident in considering children with genetic disorders as having CP

Encouraging families to build a relationship with their CYSN social worker, beyond the medical needs of their child.

Using evidence based approaches, knowing why I am providing a certain recommendation or intervention.

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Stop talking and listen to families. Use of orthotics with DMD for day and for night. Accurate videos of gait analysis.

How successful this platform can be to bring community to together.

I just made the link between Ivona's presentation and the preprinting presentation where evidence in both areas shows the task specific increases motor function

Has this Symposium sparked any ideas of topics/interests you'd like to learn more about? Share below!

hypermobility

learning more about coaching and incorporating into assessment, planning and treatment

Would love to hear more from aboriginal IDP and how we can connect and work together better!

Private and public practice collaboration :)

i loved learning about the gait lab!! and will be diving into many of these areas further

Review of constraint therapy and how to use it with little ones

To learn more about hypermobility and strategies related to that.

update on emerging research and treatment of children with SMA

Opportunities to share more richly cultural safety and trauma-informed practice resources and supports across BC and within different sectors including policy

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F words implementation

An update on CFA's waitlist management tool once fully developed.

CO-OP

YES!1. School aged therapy needs... OTs teaching PTs about slings, lifts/ transfers. PTs mentoring PTs on gait trainer transfers (for heavier kids), and upright/ walking sling insights. Lifts/transfer resources, cheat sheets, EA/ caregiver handout

Use of CDSTs in our program.

More information on how centres are managing waitlists/trying different service delivery models - i.e. groups, clinics, etc.

Early detection and diagnosis of CP

GMA assessment training
Reworking PT prioritisation of waitlist

Cultural safety.

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Pre-Printing, Typing, best Practice for Children with DS

more on waitlist management now that more centres will be doing a rating scale

Better appreciation of the impact of dual diagnoses impacting function. ie., ADHD and DCD or ASD and how they interact to impact function

would love to have a symposium like this organized for IDPs and SCDs to learn from PT, OT's and SLPs - what would you like us to know and how can we incorporate it into our daily practice;

Literacy

coaching models

EDS and HSD

How the HINE can be used at a provincial scale

I'd like to learn more about caseload management. Work on networking so that we're not re-inventing what others are already doing.

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Motion Lab - would love to help facilitate a VI mobile clinic!

more co-op techniques and strategies for younger and lower developmental ages

using COOP approach in the EIT population

Yes I want OTs and PTs and SLPs to collaborate more together! We need to get out of our silos. How can I as a PT learn more and support handwriting? How can emotional regulation help me as a PT? Etc.

Specific orthopedic information for children without a neurodevelopmental diagnosis. This is a large portion of the referrals we receive as PT's at our centre and I feel like the literature available for assessment and intervention is lacking.

Absolutely! Would love to know more about DCD, printing, assessing for hypermobility and effectiveness of weighted blankets.

would love a presentation from Neonatal follow up - updates from their learnings over the years

Care transitions - family experiences of transitions to school (from early intervention) and transitions to adulthood

Specific examples of implementing new treatment strategies into day to day practice - i.e. constraint, task specific training, etc.

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I wish the symposium could be held every year!

Learning more about genetic disorders would be interesting. There are a lot of genetic disorders that are not widely known.

More SLP material? Or, even better: "How our OT and SLP collaborate support children who X" / "How our PT and SLP collaborate on Y"

I would like more practical examples regarding the task specific approach to printing/pre-printing. So much of what was discussed was theory based and I couldn't always bring to mind how I would apply it in my practice.

cultural safety, preprinting, refining telehealth to my practice

A place for people to recommend the professional development courses they have taken recently and/or their favourite course of all time

So much more learning in regards to bimanual training, goal directed therapy for our kiddos with CP

development of easy to access and use resources

Trauma informed practice

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Wondering about getting more community-based therapy service providers across the province to share their experiences at the next Symposium.

Topics: F words including OT, PT and SLP. Missing not having more SLP involved topics. AAC and F words.

AFO's with anterior knee support. Delving into research more

Yes. What your small CDC or organization is doing to integrate reconciliation into your health care practices. How we as a pediatric group can support T+R calls to action, including training more indigenous health care providers, hiring more, etc.

Updates on neuromuscular disorders of different types - Friedrich's Ataxia, myotonic dystrophy, etc

new assessment recommendations

Would love to have more opportunities to meet with related professionals about 'All things CYSN'...

Effective management of tone for functional activities. How to provide support for the transition to adulthood for those not receiving CLBC support? How to help kids with the mental health coping with progressive diagnoses?

links and collaboration to all the fantastic resources that are developed across the province

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Primary movement patterns/reflex integration - is there any support for this as a pediatric intervention in the literature?

Sanyas Cultural Safety Program training!

As a sole pratitioner I actually feel overwhelmed by everything, there's so much to learn and do but think picking one thing each year to progress with

PT for ASD

Creating a Provincial Pediatric groups that meets a few times a year to troubleshoot and brainstorm

love learning about gait analysis and the treatments/outcomes. (pre/post).

Right now, I am at a stage of reviewing practice with my team. Will need to digest all this great information. Thank you !!!

More sharing of strategies for different types of kiddos - how people engage children with different diagnoses; favourite therapy equipment/toys etc.

loved the last session and would like to see the progression of the clinical decision making tool

Has this Symposium sparked any ideas of topics/interests you'd like to learn more about? Share below!

early CP diagnosis initiative at BCCH

Would any research-based clinicians be interested in studying the practical applications of all the recommendations that are made and how they can actually be implemented in more rural areas of the province? Could be interesting.... :)

More information from Iona Novak - she has so much to inform us