Inclusive Trauma Informed Practice through a Lens of Cultural Safety

Workshop start time:9:00am Estimated end time: 4:00pm

This workshop will be of value to service providers working within the BC Ministry of Child and Family Development foundational programs for children and youth with special needs. In this unique and innovative 2-day workshop we will have the opportunity to explore and build a foundation of understanding around Inclusive Trauma Informed Practice and Cultural Safety. Through interactive whole group and small group discussions, case scenarios, and introspective activities we will investigate many aspects of this type of practice giving you the basis from which to continue ongoing professional development in areas most relevant to your agency and community.

Topics of exploration include: *increasing understanding of colonization impacts: how does this affect child development and impact the health of indigenous people? *identify and grow awareness of personal values, beliefs, assumptions and biases in relation to indigenous and other vulnerable and minority peoples *consider the importance and relevance of Cultural Safety (CS) and Trauma-Informed Practice (TIP) in early childhood interventions *increase understanding of adverse childhood experiences and how they affect brain development, physical development and emotional regulation *increase understanding of trauma, trauma responses, complex traumas: intergenerational trauma and community level trauma *increase ability to recognize signs and symptoms of trauma in children, families and communities *discuss strategies that support meaningful healing processes with the populations they serve. *develop an awareness of social determinants of health – including unique social determinants of health for Indigenous people – and their relevance in early childhood development *begin to recognize power imbalances and institutional discrimination: how might this inhibit successful outcomes of health interventions?

Your facilitators:

Harley Eagle is of Dakota and Ojibway Indigenous heritage and a long-time resident on Vancouver Island. He is a well experienced consultant and trainer in the fields of transforming conflict, anti-racism, dismantling oppression, cultural safety and trauma healing as well as an Indigenous Cultural Safety educator for the Regional Health Authority on Vancouver Island. He is often contracted to consult and advise organizations, companies and government agencies and invited to speak at conferences both nationally and internationally on issues pertaining to his work. Harley looks to Indigenous life ways to guide his work.

Orah Chaye is of North African and Scandinavian descent growing up with a strong Oriental cultural

influence since age 10. A highly experienced Educator and Consultant for nearly 30 years, she has developed the Creative Process Trauma Informed Practice methodology approach. Working extensively in Aboriginal, Refugee and Immigrant Populations Orah is contracted for a wide variety of in-service development projects to numerous agencies; and also invited to present at numerous conferences and symposiums. She has a particular interest in early human brain development, and its correlation to early attachment.