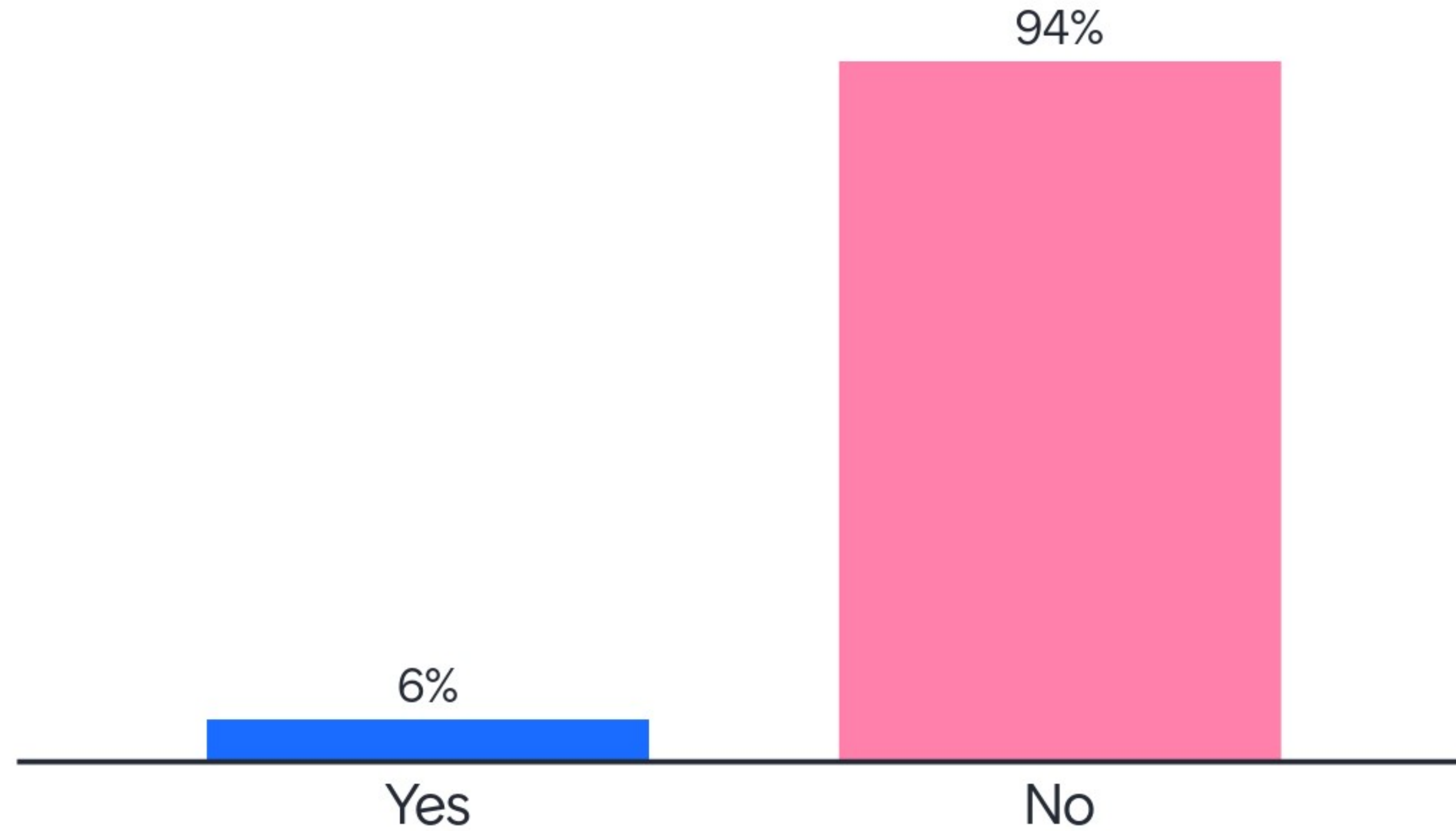
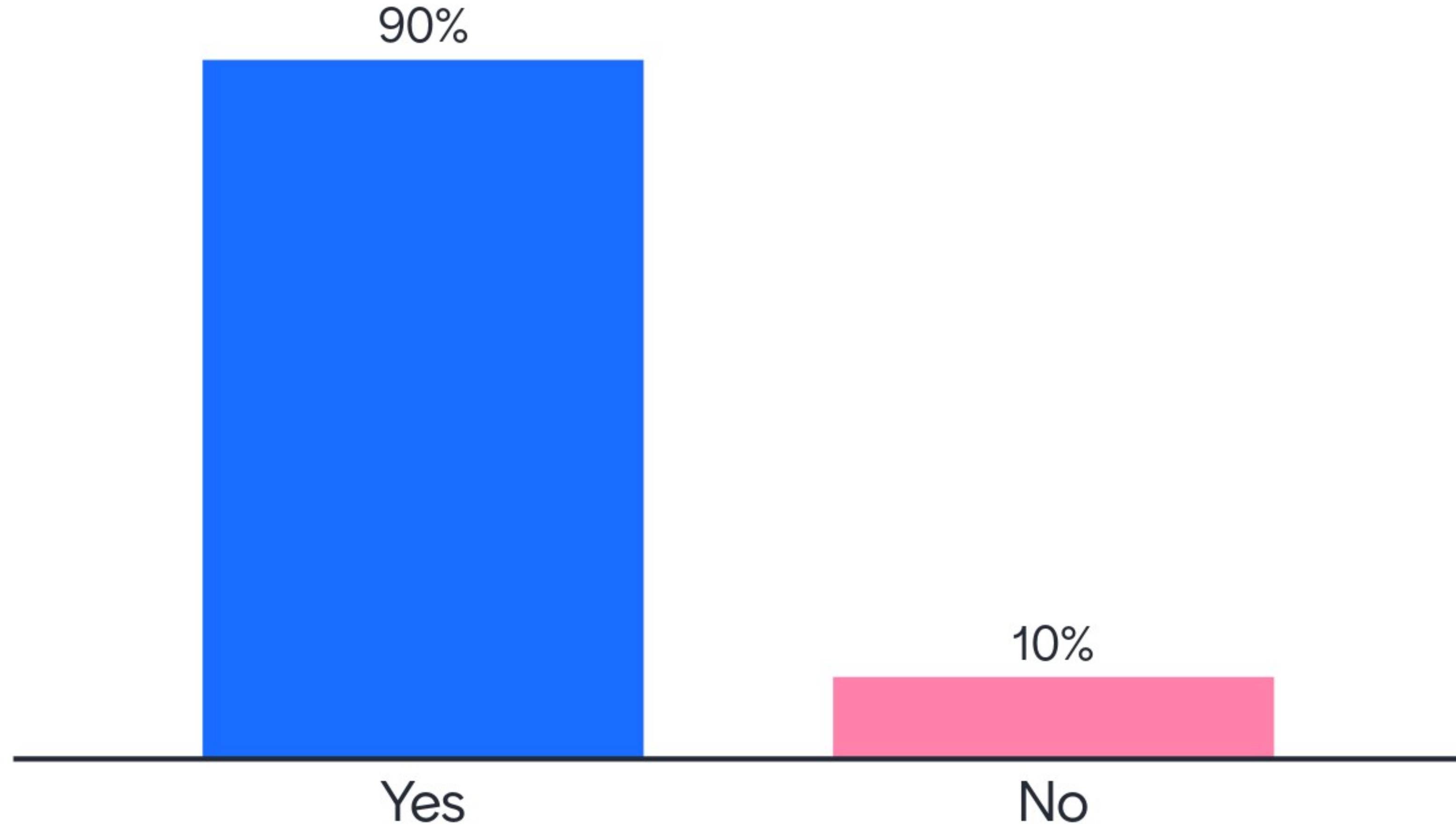


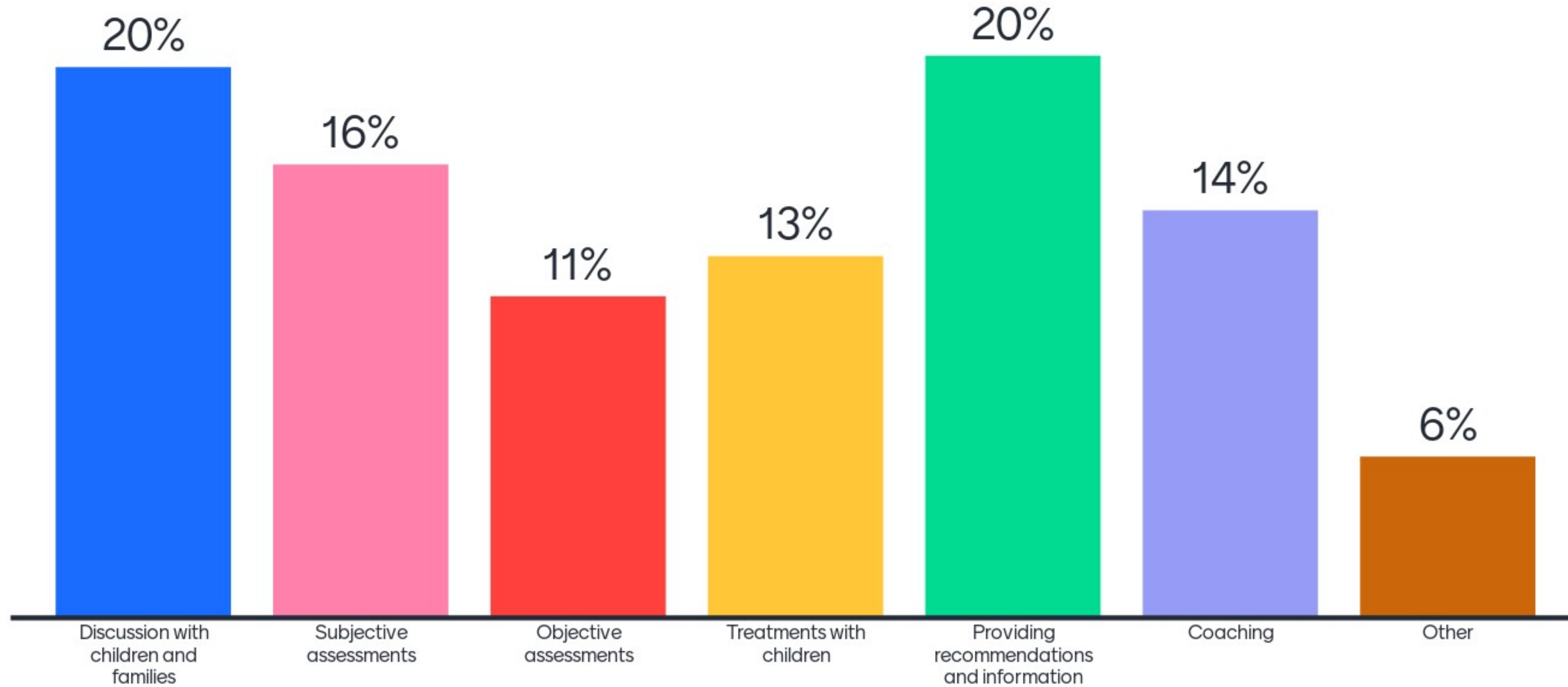
Were you using telehealth before the pandemic?



Have you used telehealth in the past year?



What have you done through telehealth?



What is the top tip discussed in your group & the challenge it resolved?

Have sibling hold camera when possible

control of options given to family under coaching

using videos and coaching

let parent know how to be prepared for the virtual visit

Prepare the parents in advance for your virtual visit

standardized assessment

Provide tips to parents for how to set up the session, room, activities, materials etc in advance

photos and videos to compensate some difficulties, especially with assessment and equipment

Challenge: Kids 1-2yo to keep them engaged. Solution: Be on a phone rather than computer because easier to follow kid around. The parent can see you and you can see the kid!

What is the top tip discussed in your group & the challenge it resolved?

clear and detailed preparation with families before the sessions starts (equipment they need, setting they should be in, etc.)

objective assessments were difficult. we have been using a free eye tilt app for parent and clinicians

Instructions for parents to set up camera/therapy space in home

Coaching: giving parents the control to choose how/when they want to connect.

meet families where they are at

parent to use cell phone

Shorter sessions or multiple visits to not overwhelm families

Don't assume a virtual meeting won't work!

More efficient communication with adults, not always in front of the children

What is the top tip discussed in your group & the challenge it resolved?

Plan ahead- discuss what supplies needed before visit. Use videos in addition to live session to supplement.

equipment modifications - training others to do them, videos etc

Stay connected with the families as best as possible, even if just by phone. When disconnected

terminology used to describe "Telehealth" using "video call" or relating it to FaceTime, something people are familiar with

How to measure plagio and torticollis: use the eye tilt app and get bird's eye view photo

Using virtual assessments for things like sensory processing has been quick and easy to set up

move camera back farther to be able to see the child's movements more easily

Turning video off to be able to observe child in natural environment without the distraction of the camera

working out the tech problems together..

What is the top tip discussed in your group & the challenge it resolved?

Using a smaller device, like a phone rather than a tablet or desktop, so that the parent(s) can follow especially little ones around.

RElying on some older technology like phone calls, emailing notes and videos and youtube videos

Exchanging pictures, videos, and instruction sheets prior to the virtual visit

We talking about the opportunities (vs. challenges) of telerehab for rural and remote.

Prepping families in advance on what to expect in the video visit, and having them video (share screen during session) clips of their child if they think they will have a hard time engaging during the session.

Using 2 cameras when possible to better see both the parent and the child.

Blocking in 15mins transition between zoom/virtual sessions.

Equipment fitting

meeting the family where they are at and using whatever method (phone, tele etc) works for them

What is the top tip discussed in your group & the challenge it resolved?

Going over technology in first session before starting working with family

Having tech support available for ease of service for virtual consent, sharing of videos, photos etc

Reaching hard to find clients- be organized, send lots of reminders and find ways to build connections

Helping parents set up for a successful appointment (including home safety!)more time needed to discuss virtual consent :)

Walking through the virtual process with the families first.

Offer option of home programming/coaching rather than 1:1 treatment if it suits families.

Using the virtual platforms and supporting parents, Parents sending videos is great.

Allowing the family to decide what is best for them in terms of video/phone call and what will work best for their family and children.

tip sheet, preparation, share screen with equipment manual/diagrams

What is the top tip discussed in your group & the challenge it resolved?

That although assessments can be very challenging, there are other benefits like parents and EAs becoming empowered and gain skills.

Assessments came up as a challenge - this was addressed by giving parents a heads up about using devices that didn't require handling

Give siblings who are there but not the client a role and explain what is going to happen.

Getting videos/photos from parents was sometimes more effective than doing things live

I'm "too exciting" for some clients (distracted by my voice and my face) -- I have families turn down the light on their screen so they can't see me, one earphone in and one earphone out so they can hear me in one ear and their child in the other :)

For families who were apprehensive of telehealth or thought it wasn't worth it, I created a document and video to explain all the nice things that can be done, agreeing to what might not be doable, and what it would look like (how it works, etc.)

Parents sending pictures or videos.

Re equipment : Let parent try - increasing confidence with each try Learn about legalities ??

Lack of access to technology - have another professional who has direct contact to facilitate and support this family with technology

What is the top tip discussed in your group & the challenge it resolved?

Seating assessment and accommodations - may need to bring in others outside the home to help with recommendations for adapting seating

Re: coaching parents to make equipment adjustments, we need to allow parents to do more for themselves and empower them and build confidence in their own judgement and resourcefulness.

Equipment mods: we need to let go of the feeling of responsibility to do it all ourselves and embrace the coaching model

working together with participants (other therapists / community partners and families) to communicate clearly and work through the angles/ set up and get clarity of outcome at the end

Language barriers

Use of a phone or 2nd device for the parents to record what their child is doing during an assessment. - either sent to clinician or while doing a receptive language assessment to see what they are choosing on the screen

Conducting virtual observational sensory assessments; With consent from parents I can turn off my video so the child is not aware of my presence and it allows me to observe them play/interact with others in their natural environment

Difficulty keeping child engaged and in view for some families. Try having one person to follow with camera and one to talk. Use secure video to view later

For equipment adjustment; send copies of diagrams of equipment labelled with parts to be adjusted so that during zoom, the parent is familiar with the names for parts and what they can adjust with coaching.

What is the top tip discussed in your group & the challenge it resolved?

staying calm when technology fails.

engaging families

Providing information/preparation sheets to families prior to visit, or with their consent have them share pictures/videos in advance for you to review. Assists with assessment for torticollis, alignment, ROM, etc.

What research questions do you have for us?

how to support documentation skills for e-rehab professionals

How to deliver standardized assessments via teletherapy?

What are the barriers to conducting standardized assessments?

Ways to share video maintaining confidentiality

how accurate are articulation assessments over video? how accurate are stuttering assessments over video?

Re: Goal setting and involvement of family in setting them - and then results of therapy

how accurate are oral motor evaluations over video?

Effectiveness of virtual therapy for coaching practical skills and improvements/retention in skills.

what do parents think about virtual care? Does this vary according to which discipline they are working with? Are there any differences in terms of outcomes for the clients?

What research questions do you have for us?

Effectiveness of clinical reasoning frameworks to support use of telehealth for assessment and treatment in CDR

How to reduce "Zoom fatigue" for therapists and clients.

Best practice for supporting accessibility in providing telehealth (e.g. literacy, language, rural remote, indigenous communities (cultural safety & trauma informed practice)

Impact on mental health on clients using telerehab

apps

Validity of using a objective assessment measure via a virtual platform (i.e. a gross motor pediatric assessment when it is requested by a specialist.

Best ways for multi-disciplinary teams to work on joint telehealth sessions? Especially for specialty clinic services.